There is a Calm

There is a calm that consumes me The moment I walk into the room with the instruments. My footsteps call out a greeting, the strings shudder in warm Welcome. I step onto the sea of blue wool -- in this space Even I can walk on water! All the forces that would pull and Push me outside are impotent. Time hangs suspended -- waiting for my command.

I sit on the cushioned chair and ease my harp to my shoulder As a mother would a sleeping baby. I brush a chord, arpeggiating Up, and back -- gently, to avoid the tangles that bring tears. My body feels the energy, the vibrations catch like fire and Spread from shoulders to toenails. With a rhythmic rocking, the storm is played out Into calm. The sea is still. The power is in my fingertips --I will not abuse it.

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